



BEAUTYSPOT
بيوتي سبوت

MASSAGE

Back, Neck & Shoulder Massage 30min AED270.00 60min AED375.00

This treatment focuses on the area of the body that is a problem spot for most people. The neck and shoulders are areas where we tend to hold our tension and stress. Sustained postures such as sitting at a desk or computer all day, can contribute to muscular tightness and joint stiffness. Enjoy this treatment to help alleviate neck pain, and associated headaches.

Foot Reflexology 45min AED260.00 60min AED300.00 (hand & foot)

Reflexology is a deeply relaxing treatment and excellent for reducing stress, anxiety, tension and pain. An ancient healing art of applying the hands to the feet to stimulate pressure points and treat the whole person. Reflexology is based on the theory that the foot provides a map for the rest of the body. Pressure is applied to the reflex points that are mapped out on the feet. These reflex points correspond to specific organs and parts of the body through energy meridians. Enjoy this treatment regularly for improved health, emotional wellbeing and vitality.

Hot Stone Massage 60min AED485.00 75min AED590.00

This is a specialist massage that uses smooth, flat, heated basalt stones that are positioned along your spine, in the palms of your hands, along your legs and between the toes. Hot Stone Massages are especially beneficial for people who suffer from muscular pain, insomnia, anxiety and poor circulation.

Thai Massage 60min AED455.00 75min AED565.00

Thai massage is a form of therapeutic massage that differs in many ways from traditional massage. The therapist will manipulate your body by stretching motions to stimulate organs and improve flexibility.

Swedish Massage 60min AED425.00 75min AED530.00

This full body massage uses varying traditional techniques to calm the nervous system, and help you unwind and de stress. It will improve circulation, boost lymphatic drainage and release tense muscles which are all too common in desk-bound jobs.

Deep Tissue Massage 60min AED455.00 75min AED565.00

This treatment uses deep manual therapy techniques of the soft tissue (muscles, ligaments and fascia) to improve the elasticity and flexibility of muscular and connective tissue. Deep tissue is an excellent way to soothe sore and tight muscles, release stubborn muscular knots and increase blood flow to ensure a healthy musculoskeletal system.

Balinese Massage 60min AED425.00 75min AED530.00

Enjoy this full-body, deep tissue massage, combining techniques from acupressure, aromatherapy, and reflexology. The benefits being, relaxation, and to achieve a sense of overall well-being. This type of massage is often recommend to de-stress, unwind, and relax.



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Aromatherapy Massage 60min AED530.00 75min AED640.00

Enjoy this relaxing massage which incorporates the use of Charme D'Orient scented essential oils. The massage involves alternating between gentle and harder pressure while using a this specific blend of French essential oils.

Couples Massage 60min AED910.00 75min AED1130.00

Enjoy this shared experience in our couples massage room, designed with space and comfort in mind.

Body Scrub & Massage 90min AED650.00

Increase blood circulation and cleanse the skin through gentle exfoliation followed by a relaxing massage during this luxurious 90 minute treatment.

SLIMMING

EM Slim HIFEM

Single Session	30min AED950	60min AED1350	90min AED1750
5 Session Package	30min AED3800	60min AED5400	90min AED7000

Shrinking Violet Body Wrap

Arm	30min AED200		
Thigh/Buttocks		60min AED300	
Abdomen		60min AED300	
Full Body			90min AED600

FACIALS

Dermalogica

Express Facial	45min AED350		
Anti-Aging Facial		60min AED500	
Hydration Facial		60min AED500	
Sensitive Skin Facial		60min AED500	
Brightening Facial		60min AED500	
Acne Facial		60min AED500	
Facial with Foot Massage			90min AED575

Obagi

Obagi Facial	60min AED650		
Obagi Machine Facial		75min AED900	
Obagi Oxygen Facial			90min AED1150